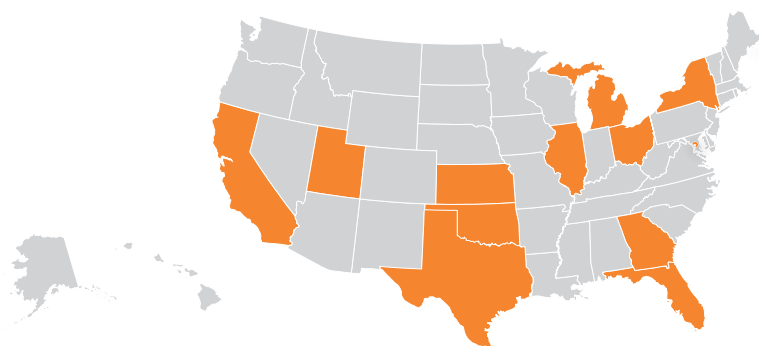


COMPRANDO RICO Y SANO

Expand Where Health Happens

In **2017** UnidosUS's national program **COMPRANDO RICO Y SANO** improved healthy eating and shopping habits, and reduced food insecurity and hunger among Latinos across

24 communities in **11 states** and the District of Columbia.



47%↑
fruit intake



55%↑
vegetable intake



63%↑
healthy meals prepared at home



25,636
Latinos enrolled in the Supplemental Nutrition Assistance Program (SNAP)

Promotores de salud (community health workers) lead efforts to **EXPAND WHERE HEALTH HAPPENS**, promoting a culture of health in the places in which we live, work, learn, and play...



Schools

- “Healthy eating” social clubs for parents
- Cooking demonstrations for children



Workplace

- Healthy food at meetings/gatherings
- Zumba, yoga, and other physical activity classes



Neighborhoods

- Cooking demonstrations
- Walking clubs



Parks

- Family Wellness Days
- Zumba, yoga, and other physical activity classes

Visit Unidos.US/CRS | [f](#) [t](#) [@](#) [v](#) | @WeAreUnidosUS

UNIDOS US
STRONGER COMMUNITIES. STRONGER AMERICA.

Walmart  **Foundation**